

Press release

## **Wellbeing on 24 floors: The Westin Grand München – An international business hotel with a welcoming ambience**

*Arrive and exhale: Business travelers, conference guests and tourists can look forward to a flagship of the international wellness brand Westin Hotels & Resorts*

*For a better you:* Everything on offer at the Westin Grand München is true to the Westin brand philosophy of holistic wellbeing. Located in the lively Arabellapark in the Bogenhausen district, the hotel lavishes its guests with every conceivable comfort, be it for work or relaxation, and makes an ideal base from which to explore the city. In the 1,500-m<sup>2</sup> ArabellaSpa, guests can unwind with massages and beauty treatments, lounging at the pool or in the steam bath or savoring culinary delights in the cafe, restaurant or at the bar. The Westin Grand München also offers ample space for working: From small-scale meetings to international congresses, it can host any kind of event with up to 1,250 participants. Special offers such as the Westin Club, an exclusive lounge on the top floor, round out any stay, offering wonderful opportunities to regenerate, even for those with a full schedule.

### **General Manager & team**

Dutch-born Paul Peters has been in charge of the Westin Grand München since 2013. At 46, the passionate hotelier can look back on over 25 years in the business, including stints as General Manager of the Sheraton Stockholm Hotel and the Westin Rotterdam. As Complex General Manager, he also leads the the Sheraton München Arabellapark Hotel located opposite. At the two hotels, a team of over 420 people attend to the needs of their guests.

### **Location & connections**

The Westin Grand München is situated in the Bogenhausen district at Effnerplatz and in the Arabellapark. The hotel is highly accessible by car or on public transport, with subway and tram stations and the ring road *Mittlere Ring* in the direct vicinity. It is in easy reach of the nearby downtown area, with its many sights, as well as the trade fair center and airport.

### **Wellness, fitness and regeneration**

Hotel guests and locals alike can find ample space for regeneration in the capacious ArabellaSpa, one of the largest hotel day spas in Munich. The crystal-clear water of the 12 by 5-m pool with integrated whirlpool, the Finish sauna (90°C), the Roman steam bath (40°C) and the infrared thermium (60°C) and a cutting-edge solarium are the ideal places to unwind. In the five treatment rooms, trained masseurs and beauticians will soothe body and soul with revitalizing and relaxing treatments. Products from Babor are used at the ArabellaSpa. The WestinWORKOUT® gym is equipped with state-of-the art cardio and weight training equipment. Open around the clock, it offers everything guests need to keep up a beneficial, effective training program on the road. Professional fitness coaching is also available to ensure ideal training conditions. Qualified trainers can create customized fitness programs for individuals or groups on request.

### **Rooms & suites**

All 627 rooms and suites offer a soothing haven from the bustle of the city. Elegantly designed in warm shades, they feature a Heavenly Bed, specially designed for Westin Hotels & Resorts, to ensure a deeply refreshing night's sleep. The dual-headed rain showers with an extra-large spraying radius turn showering into a particularly invigorating experience. The 60 rooms on the 16<sup>th</sup> and 17<sup>th</sup> floors of the 23-story building were completely renovated in the summer of 2016 according to a new design concept dubbed "Isarrauschen" (the murmur of the Isar). These "Bavarian floors" pay homage to the hotel's location in city of Munich.

### **Westin Club rooms**

The exclusive rooms in the "Westin Club" category are located on the top floors, from the 19<sup>th</sup> floor upwards, and not only command a superb view over Munich and the city's landmarks, but also offer some very special perks, such as access to the Westin Club and free high-speed Internet.

### **The Westin Club**

The Westin Club on the 24<sup>th</sup> floor is reserved for guests of the hotel's 130 Club rooms and 30 suites and offers a breathtaking view over Munich, stretching all the way out to the foothills of the Bavarian Alps. In a tranquil lounge atmosphere, guests can tuck into a continental breakfast (available in addition to the breakfast buffet in the Restaurant ZEN) and can help themselves to drinks and snacks all day. Fast W-LAN, a selection of international daily newspapers and large flat-screen TVs with news bulletins are among the many extras guests can expect at the Westin Club. Providing an ideal environment for focused working, conferring with business associates or a private gathering, the Westin Club is a wonderful retreat and perfect for small meetings.

### **Westin Sky Suite**

Anyone entering the 160-m<sup>2</sup> suite on the 22<sup>nd</sup> floor will be captivated by the magnificent view and the cunning and ambitious design. Featuring exclusive furnishings and accessories, elegant sofas and several flat-screen TVs, the spacious living area truly hits the mark. And the elegantly composed fittings don't stop at the doors to the two bedrooms. The extra-large 2.4 by 2.2-m Heavenly Bed in the master bedroom beckons with the prospect of blissful slumbers. The elaborately designed en-suite bathroom offers ample space for relaxation. With a free-standing separate bathtub, shower, a combined aroma-therapy steam bath and such luxurious details as an in-mirror TV, the Westin Sky Suite leaves nothing to be desired. Guests will find everything their hearts desire, along with a large walk-in wardrobe and a fully equipped kitchen in which to freshly prepare their favorite meals.

### **Restaurants & bars**

Apart from the *ZEN Breakfast Restaurant*, offering a lavish morning buffet of international breakfast foods, sweet and savory breakfast favorites and healthy meals including a selection of fresh smoothies, guests can also drop into the inviting open lounge *Café & Grapperia* at lobby level, serving delicious refreshments from the hotel's own patisserie and savory snacks. Lovers of quality tea specialties can enjoy a selection of warming and soothing Jing teas whenever the whim takes them. Revitalizing smoothies à la Westin Fresh by The Juicery round out the range of tasty and healthy food and drinks. Opening hours of the ZEN Breakfast Restaurant: Monday to Friday from 6:30 to 10:30 a.m., Saturday, Sunday and public holidays up to 12:30

p.m. For reservations call +49 (0)89 9264-7713 or send an e-mail to [munich@westin.com](mailto:munich@westin.com).

Blending tradition with modernity, *Paulaner's Wirtshaus mit Biergarten*, which is located in the garden wing of the hotel and has a separate entrance, offers Bavarian charm, cuisine and hospitality. The tavern serves treats typical of the city and the region as well as beer specialties in an authentic Bavarian ambience. The beer garden is an inviting prospect, with tables and chairs set out in the shade beneath its many leafy trees, as well as a play area for the youngest guests. Opening hours of Paulaner's Wirtshaus: Monday to Friday from 11 a.m. to midnight, Saturdays, Sundays and public holidays from 5 p.m. to midnight, beer garden open in good weather from 11 a.m. to 11 p.m. For reservations call +49 (0)89 9264-7701 or send an e-mail to [restaurant.paulaners@westin.com](mailto:restaurant.paulaners@westin.com).

The comfortable *Ducktails Bar*, which can be accessed via the lobby, offers a relaxing place to enjoy both the finest wines and creative cocktails. At the front, Ducktails is a classical bar with soft music, while the back is designed as an elegant lounge with pool table. The enthusiastic bar keepers not only offer a seamless range of international classics, but can also whip up a bevy of signature creations, including the special "Crafted@Westin" cocktails, a new selection of perfectly mixed cocktails created using healthy and local ingredients.

Opening hours of Ducktail's Bar: daily from 6 p.m. to 2 a.m.. For reservations call +49 (0)89 9264 7703

Anyone wishing to dine in their own room can choose from the extensive selection of national and international dishes on the *InRoom Dining* menu. One special feature is the "Sleep Well Menu" developed especially for Westin. It is available 24/7 in the guest rooms of the over 200 Westin Hotels and Resorts worldwide, in addition to the normal room service menu. Created in collaboration with the experts of SuperFoodsRx, the menu features dishes which have been selected and composed to provide an ideal balance of amino acids, vitamins and minerals which all promote rest and relaxation. The aim is to ease guests more easily into an enjoyably restorative sleep so that they can adapt more easily to a new time zone, recover from a hectic journey or prepare themselves for a long day ahead.

For more information on the restaurants and bars in the Westin Grand München, go to [www.arabellapark-dining.com](http://www.arabellapark-dining.com).

### **Meetings & events**

The Westin Grand München, with its three conference floors, leads the market in southern Germany: 20 room variations on three banqueting floors, capacious break-time foyers and a green inner courtyard can accommodate groups from 5 to 1,250 people. The spacious, very high-ceilinged 1,000-m<sup>2</sup> ballroom is an ideal venue for all manner of events, from weddings to automotive presentations. Together with the adjacent Sheraton München Arabellapark Hotel, the Westin Grand Munich is the largest hotel conference complex in southern Germany, with 33 event rooms and 1,073 rooms.

In addition to its wide and varied range of conference options, the Westin offers a special concept for small or spontaneous meetings and video conferences: *Westin Tangent* combines an inspiring design with interactive technologies (Samsung TV, sound system, screens, Internet, Xbox 360) and can be booked by the hour.

A *StarMeeting Concierge* is continually available to all guests as a competent, central local contact.

### **History & ownership**

The current Westin Grand München was opened in 1972, the year that the Summer Olympics were held in Munich, under the name Sheraton Hotel München (ITT Sheraton). It began operating under the name ArabellaSheraton Grand Hotel in April 2000. In the winter of 2007, the hotel was rebranded as the Westin Grand München; since then, it has developed into a "flagship Westin" in Europe and frequently has been used as a pilot hotel when the brand introduced new services and programs, most recently when the lobby was redesigned as Germany's first *Westin Haven*, a reinterpretation of the classical hotel foyer as a welcoming zone in which guests can arrive, unwind and recharge. The striking high-rise building which houses the Westin Grand München, is the property of Bayrischer Hausbau and is operated by Arabella Hospitality, a subsidiary of the Schörghuber Group.

### **Unique features**

Together with the adjacent Sheraton München Arabellapark Hotel, the Westin Grand Munich is the largest hotel conference complex in southern Germany, with 33 event rooms and 1,073 guest rooms. From its top floors, the Westin Grand München commands a spectacular view over the Bavarian capital, particularly from the Westin Club and the loftiest presidential suite in the city, the 160-m<sup>2</sup> Sky Suite. The spacious ArabellaSpa is one of the largest day spas in Munich.

Picture credits: Marriott International, Inc.

### **Press officer**

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